

Competitive Requirements

In order to build the strength and technique required to perform well in the competitive setting, certain classes are required to train at each level. Dancers spend 2 years in each of the Marr Mac levels. Additional competitive requirements are added on one year at a time.

Dancers who do not currently compete will need to come for an assessment class to determine the proper classes. These can be booked by emailing 1968@marrmac.com

Hip Hop (all levels) - registered in Hip Hop class

Tap (all levels) – Tap Technique class plus Competitive Choreography class

Ballet (level 3 and up) – minimum 2 Ballet classes

Musical Theatre – must be registered in Jazz

Jazz, Lyrical*, Contemporary*

(*Lyrical and Contemporary begin competing at Level 3. It is highly encouraged to begin training in Lyrical in Level 1)

- Prep
 - Required classes: Jazz tech & choreo
 - Ballet is strongly recommended
- Level 1
 - Required classes: 1 Ballet and Jazz Tech
 - Required hours: minimum 2 hours/week
- Level 2
 - Required classes: 1 Ballet, Jazz Tech, Tap
 - Required hours: minimum 5 hours/week between multi disciplines
- Level 3/4/5
 - Required classes:
 - 2 VB Ballet (and completion of spring ballet evaluations)
 - MMP Team Warm up
 - Tap
 - Two of the following: Jazz Tech[†], Jumps & Turns, and/or Stretch&Strength
 - Required hours: 9 hours/week
- Level 6: 1 Ballet and Jazz Tech
 - Required hours: minimum 3 hours/week
 - Highly encouraged: MMP Team Warm UP
 - Requirements are less for Level 6 as these are typically Grade 12 dancers, balancing school and dance, who have many years of training behind them

[†]Jazz Tech is required if taking Jazz and will also count towards “two of the following”