

Competitive Option

In order to build the strength and technique required to perform well in the competitive setting, certain classes are required to train at each level. Dancers spend 2 years in each of the Marr Mac levels. Additional competitive requirements are added on one year at a time.

Each level contains a list of the required classes to compete, as well as additional optional classes that are offered for that age.

PLEASE NOTE: *The following competitive requirements do not apply to students wishing to compete in Tap, Hip Hop, or Bollywood classes.*

- **Tap** – *Students must be registered in a Tap Technique and a Tap Choreo Class*
- **Hip Hop** – *Students only need to be registered in the competitive Hip Hop class*
- **Bollywood** – *Students only need to be registered in the competitive Bollywood class*

Dancers do not need to compete in all offered disciplines. As long as competition requirements are being met, dancers may partake in non-competitive classes as well

Level 1 Prep – Year One and Year Two

Requirements:

- One ballet class
- One jazz technique class

Competition Choreography class offered (this class will compete):

- Jazz choreography

Additional classes offered (optional):

- Second ballet class (strongly recommended)
- Second jazz class
- Tap/Jazz Combo Class
- Hip Hop
- Glee
- Irish
- Highland
- Bollywood

Level 1 – Year One and Year Two

Requirements:

- One ballet class (including those competing in tap)
- One jazz technique class (in order to compete in jazz)
- Tap Level 1/2 – (in order to compete in tap)

Competition Choreography class offered (this class will compete):

- Jazz choreography
- Tap class (if student has 2 or more years experience in tap)

Additional classes offered (optional):

- Second ballet class (**strongly recommended**)
- Jazz
- Tap
- Hip Hop
- Glee
- Irish
- Highland
- Bollywood
- Lyrical
 - lyrical begins competing at Level 3. It is recommended to begin training at level 1 to compete at Level 3)

Level 2 – Year One and Year Two

Requirements:

- Two ballet classes - in order to compete in jazz
- Jazz Technique (if registered in Jazz Choreography)
- Tap Level 1/2 - in order to compete in tap

Competition Choreography class offered (this class will compete):

- Jazz choreography
- Tap class (if student has 2 or more years experience in tap)

Additional classes offered (optional):

- Strength & Stretch (strongly recommended)
- Second and/or third ballet class (strongly recommended)
- Tap
- Hip Hop

- Glee
- Bollywood
- Highland
- Lyrical
 - (lyrical begins competing at Level 3. It is recommended to begin training at level 1 to compete at Level 3)

Level 3

Requirements:

- Two ballet classes (Tuesday, Thursday or Saturday)
- Jazz Technique (if registered in Jazz Choreography)
- Hip Hop 3 if taking Hip Hop Comp
- At least one of the following “Support Classes”
 - Strength & Stretch
 - Injury Prevention

Competition Choreography classes offered (these classes will compete):

- Jazz choreography
- Lyrical choreography
- Hip Hop Comp – students need to be assessed for competitive readiness in Hip Hop, as this is a new comp class. If interested in competing in Hip Hop, please contact the office.
- Jazz Large Group Level 3/4/5 (Dancers must be competing in their level of jazz to take this class in addition. This class runs from November to end of April)

Additional Classes offered (optional):

- Additional ballet classes during the week
- Sunday ballet exam class (beginning January) to prepare for ballet exam
- Hip Hop
- Glee
- Bollywood
- Beginner/ Novice Highland

Level 4 & 5

Requirements:

- Two ballet classes
- Jazz Technique (if registered in Jazz Choreography)
- At least two of the “Support Classes”
 - Jumps & Turns
 - Strength & Stretch
 - Injury Prevention
 - Students may take a third ballet class in lieu of one support class

Competition Choreography classes offered (these classes will compete):

- Jazz choreography
- Lyrical choreography
- Contemporary choreography
- Jazz Large Group Level 3/4/5 (Dancers must be competing in their level of jazz to take this class in addition. This class runs from November to end of April)

Additional Classes offered (optional):

- Hip Hop
- Bollywood
- Additional Ballet classes
- Tap